

Conditions Addressed

At the Whitaker Wellness Institute we successfully address a wide range of conditions, including:

- Diabetes
- Heart disease
- High cholesterol
- High blood pressure
- Anxiety
- Chronic fatigue
- Depression
- Autoimmune disorders
- Irritable bowel syndrome
- Menopause
- Osteoporosis
- Prostate concerns
- Thyroid conditions
- Weight control
- Arthritis

Program Benefits

Thousands of patients have experienced multiple benefits, such as:

- Improvements in heart function
- Lower blood pressure
- Better control of diabetes and diabetic complications
- Lower cholesterol and triglyceride levels
- Improvements in symptoms of menopause
- Immune system enhancement
- Prevention of future health problems
- Weight management
- Overall sense of well-being
- Increased energy, vitality, and endurance
- Enhanced sexual function
- Lowering of PSA levels
- Improvements in memory and mental function
- Stronger muscles and bones

Why Let Your Condition Worsen?

Find out how the Whitaker Wellness Institute's unique, noninvasive treatments can restore your health!

Call today to schedule an appointment with one of our physicians.

800-488-1500



WHITAKER WELLNESS INSTITUTE
MEDICAL CLINIC

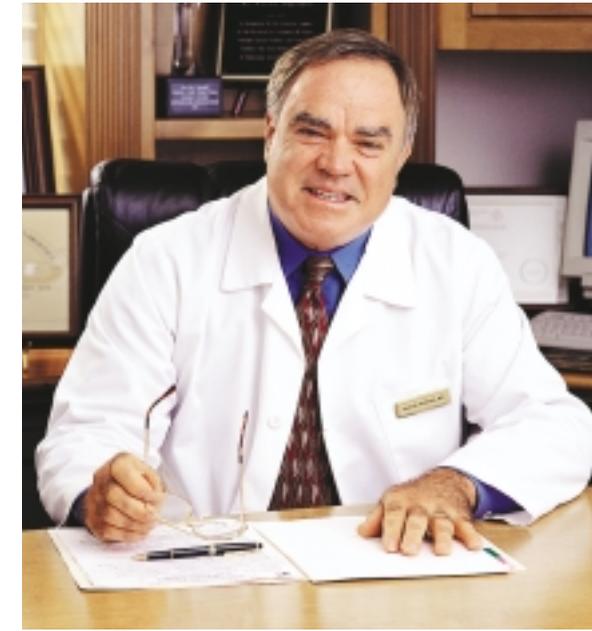
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Whitaker
Wellness
Institute®

ABETTER LIFE



*Helping People
Enjoy Longer,
Healthier, and
Happier Lives*



*“I invite you to let us at the
Whitaker Wellness Institute
help you reverse your most
pressing health concerns...
and feel better than you
have in years.”*

*— Julian Whitaker, M.D.,
Founder*



What is the Whitaker Wellness Institute?

As our name suggests, we are dedicated to helping you achieve not only freedom from disease, but a state of optimal health, allowing you to live life to the fullest.

The Whitaker Wellness Institute was created 25 years ago, out of Dr. Whitaker's passionate conviction that conventional medicine had lost touch with its original purposes: to treat the patient not just the disease, and to restore health using the safest, least invasive methods possible.

At our clinic, we have reinstated these purposes and brought state-of-the-art therapies together to fulfill them. Thousands of patients can attest to our effectiveness in treating disease, reversing health risks, increasing vitality, and even slowing the aging process.



Our Unique Approach

The Whitaker Wellness Institute is unlike any other medical clinic. Our physicians are trained in conventional as well as alternative medicine. We offer a wide range of safe and effective therapies— all at one clinic. In fact, we are the oldest and largest clinic in the world offering this unique combination.

Intravenous (IV) Therapies

Health Improvement Solutions

Intravenous infusions of targeted vitamins, minerals, and other nutrients are highly effective for the treatment of heart disease, chronic fatigue, immune deficiencies, vision problems, and Parkinson's disease.

Hormone Replacement Therapy

Restore Hormone Balance

We utilize a broad range of safe, natural hormones to treat specific conditions and to enhance overall health.

EECP

A "Natural Bypass Therapy"

EECP (Enhanced External Counterpulsation) is a nonsurgical treatment for heart disease, diabetes, and other conditions involving poor circulation. It is particularly effective in relieving angina.

Hyperbaric Oxygen Therapy

The Healing Power of Oxygen

This safe, painless therapy benefits stroke, traumatic head and spinal cord injuries, diabetic ulcers, burns, and other conditions where poor circulation plays a role.

Prolotherapy

Relieve Chronic Pain

Used as a nonsurgical means to treat back pain, sciatica, unresolved whiplash, sports injuries, or any type of joint pain, prolotherapy strengthens and tightens the ligaments and tendons that hold bones and muscles in place.

Acupuncture

Restore Body Energy

Acupuncture is an ancient Chinese medical procedure that relieves pain and treats disease by restoring the normal flow of energy through the body.

Anodyne Infrared Light Therapy

Improve Circulation and Relieve Pain

This innovative treatment improves circulation and facilitates healing in patients with diabetes, arthritis, tendinitis, plantar fasciitis, bursitis, fibromyalgia, carpal tunnel syndrome, strains and sprains, slow-healing wounds, and neuropathy.



Back to Health Program

The Back to Health Program is a comprehensive approach to treating illness and restoring health, during one-, two- or three-week stays at the clinic.

Upon arrival, you will receive a comprehensive assessment of your current health status by one of our board-certified physicians, followed by a personalized treatment plan focusing on safe, noninvasive therapies to achieve optimal health.

Throughout your stay, you will enjoy daily lectures and workshops, exercise classes, nutritional counseling, and specially prepared meals. The education and support you receive from this program is key to helping you understand the underlying causes of your health problems and teaching you how to address them in a natural way.

Daily Visits

If you cannot stay at the clinic for an extended period, you may schedule a daily visit to obtain your health status assessment (the same assessment received by patients in the Back to Health Program) and still receive the benefits of our effective, specialized solutions.

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Words From Our Patients

"I have heart disease, and when I first came to the Whitaker Wellness Institute, I was taking medications for angina, high blood pressure, and severe swelling around my ankles. Since my treatments at the clinic, I have seen a big improvement in my health. My blood pressure is down, I have lots more energy, and my ankles are back to normal size. I've lost 17 pounds, and I haven't taken my nitroglycerin pills for some time. What a wonderful feeling!"

— Patricia, Canyon Lane, California

"I was 50 points overweight, had type 2 diabetes, and had been taking 65 units of insulin for eight years. When I came to the Back to Health Program, I was able to get off my insulin. I've since lost the weight and have not taken insulin or any other diabetic medication for the past seven years. I have much more energy, need less sleep, and my mental outlook has dramatically improved."

— Glenora, St. Petersburg, Florida

"I was on medication for hypertension for more than 30 years and was fed up with the side effects, so I enrolled in the Back to Health Program. With my new diet, exercise, and supplement program, I am now completely off medications and my blood pressure usually runs around 125/75 — without drugs. This program has definitely improved the quality of my life."

— Ned, Springfield, Oregon

